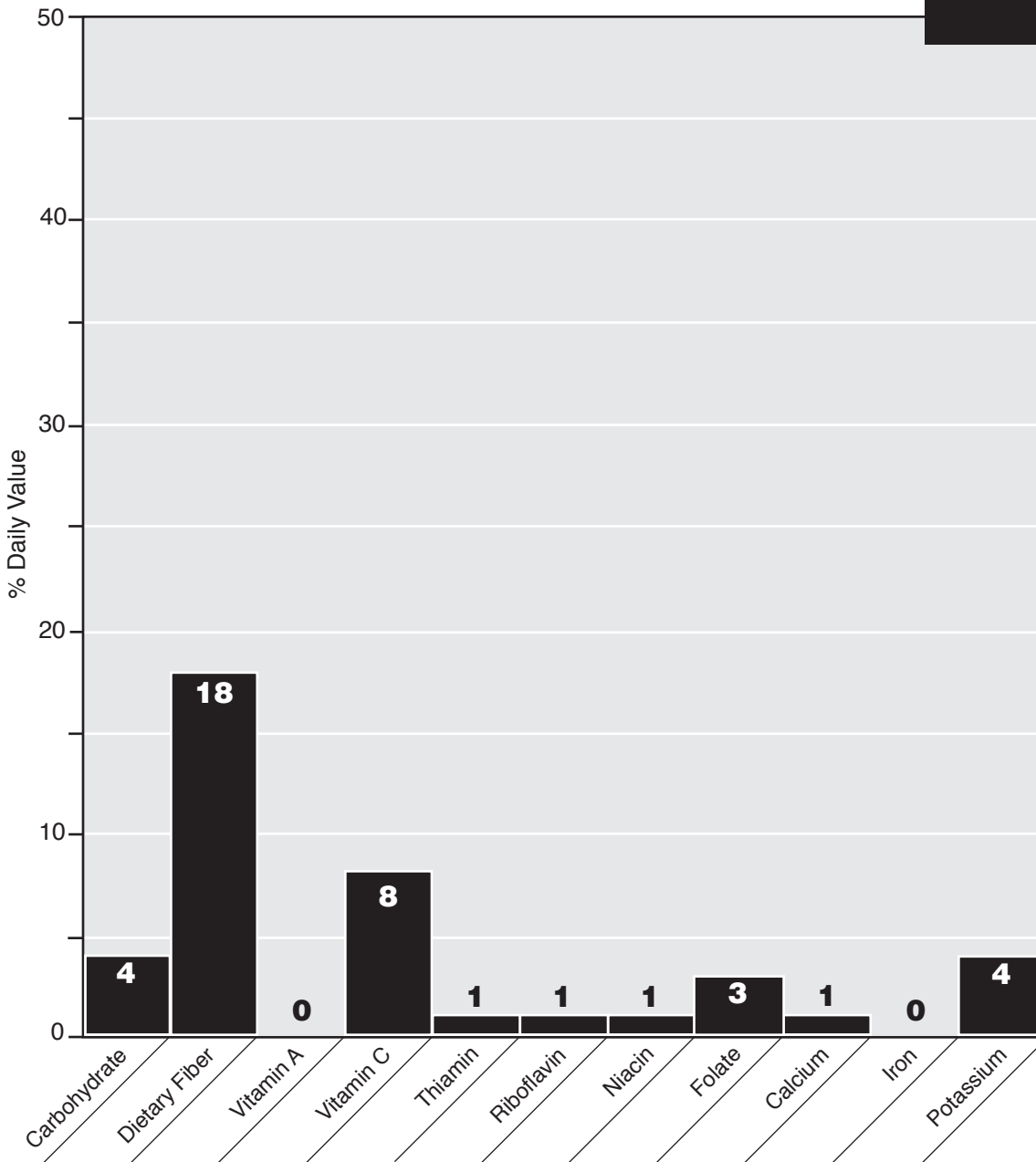


# Asian Pear

Rosaceae *Pyrus pyrifolia*

(analysis based on *unpeeled* raw Asian pear)



## Serving Size

- 1 Medium Asian Pear
- 122 Grams
- 51 Calories
  - 5% from fat
  - 4% from protein
  - 92% from carbohydrate
- 0.6 Gram Protein
- 13 Grams Carbohydrate
  - 4 grams dietary fiber
- 0.3 Gram Fat
- 108 Grams Water
- 0 Milligrams Sodium

