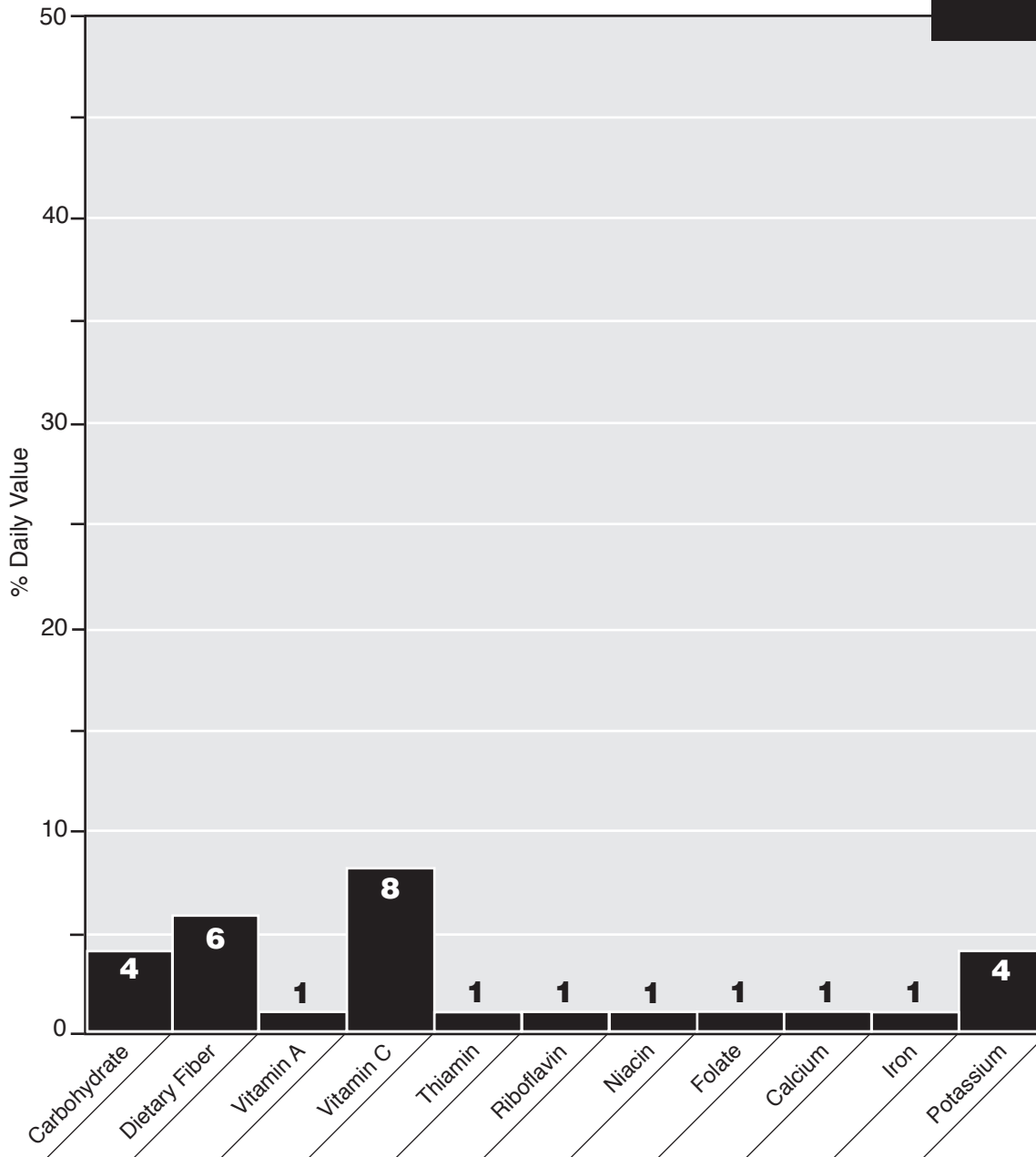


Cherry

Rosaceae *Prunus avium*

(analysis based on raw sweet cherry)

Pictured from left: Bing cherry, Lambert cherry



Serving Size

- 10 Cherries
- 68 Grams
- 43 Calories
 - 3% from fat
 - 7% from protein
 - 91% from carbohydrate
- 1 Gram Protein
- 11 Grams Carbohydrate
 - 1 gram dietary fiber
- 0.1 Gram Fat
- 56 Grams Water
- 0 Milligrams Sodium

