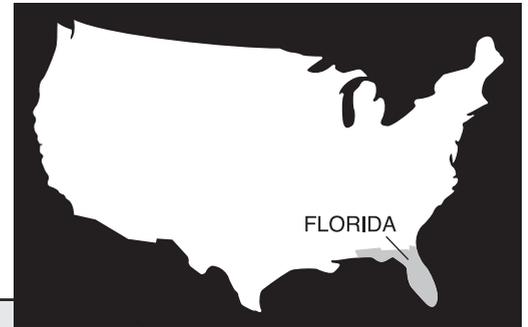


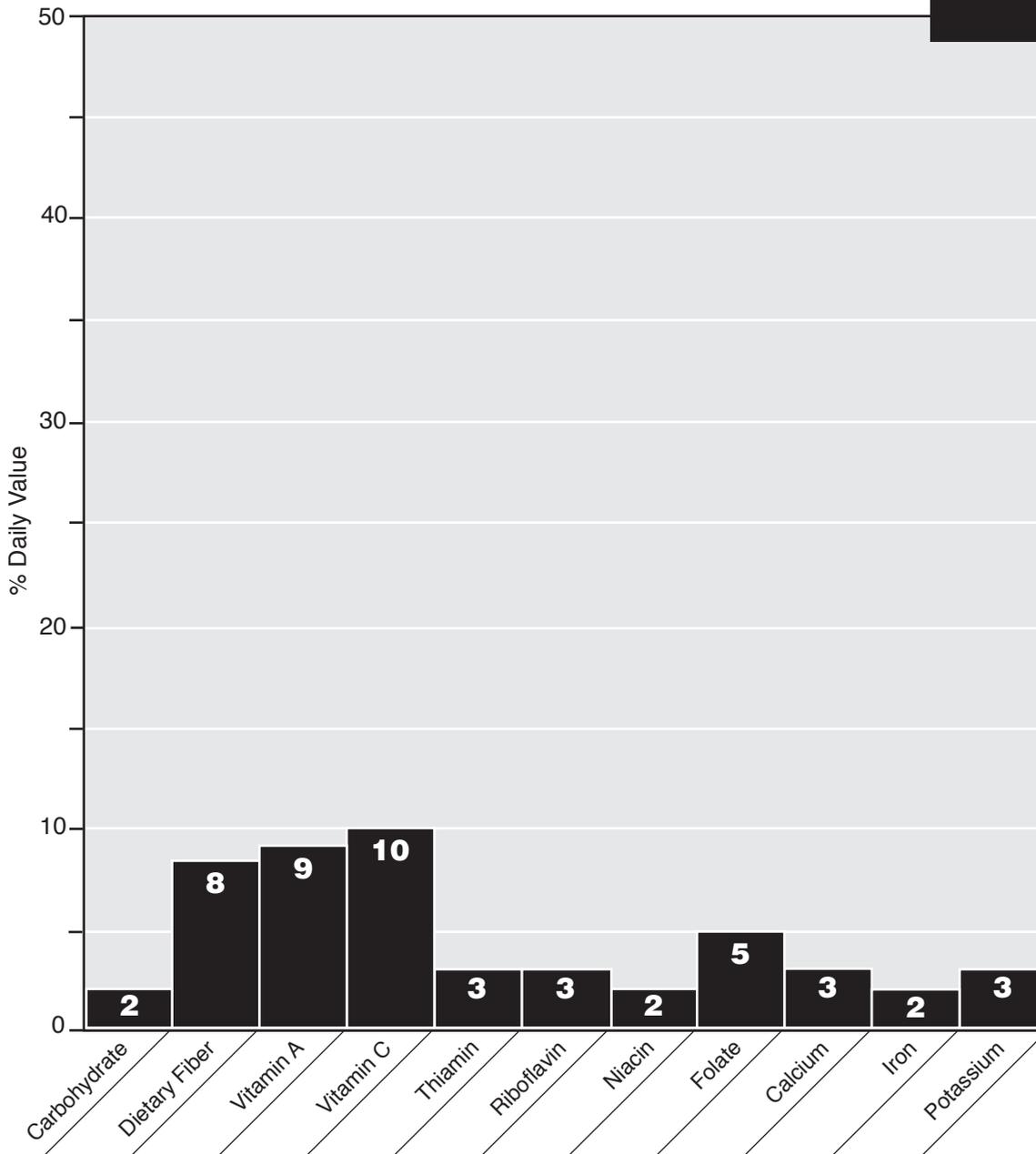
Green Bean

Fabaceae *Phaseolus vulgaris*

(analysis based on boiled, drained green bean)



FLORIDA



Serving Size

- 1/2 Cup
- 61 Grams
- 21 Calories
 - 7% from fat
 - 13% from protein
 - 80% from carbohydrate
- 1 Gram Protein
- 5 Grams Carbohydrate
 - 2 grams dietary fiber
- 0.2 Gram Fat
- 54 Grams Water
- 1 Milligram Sodium

