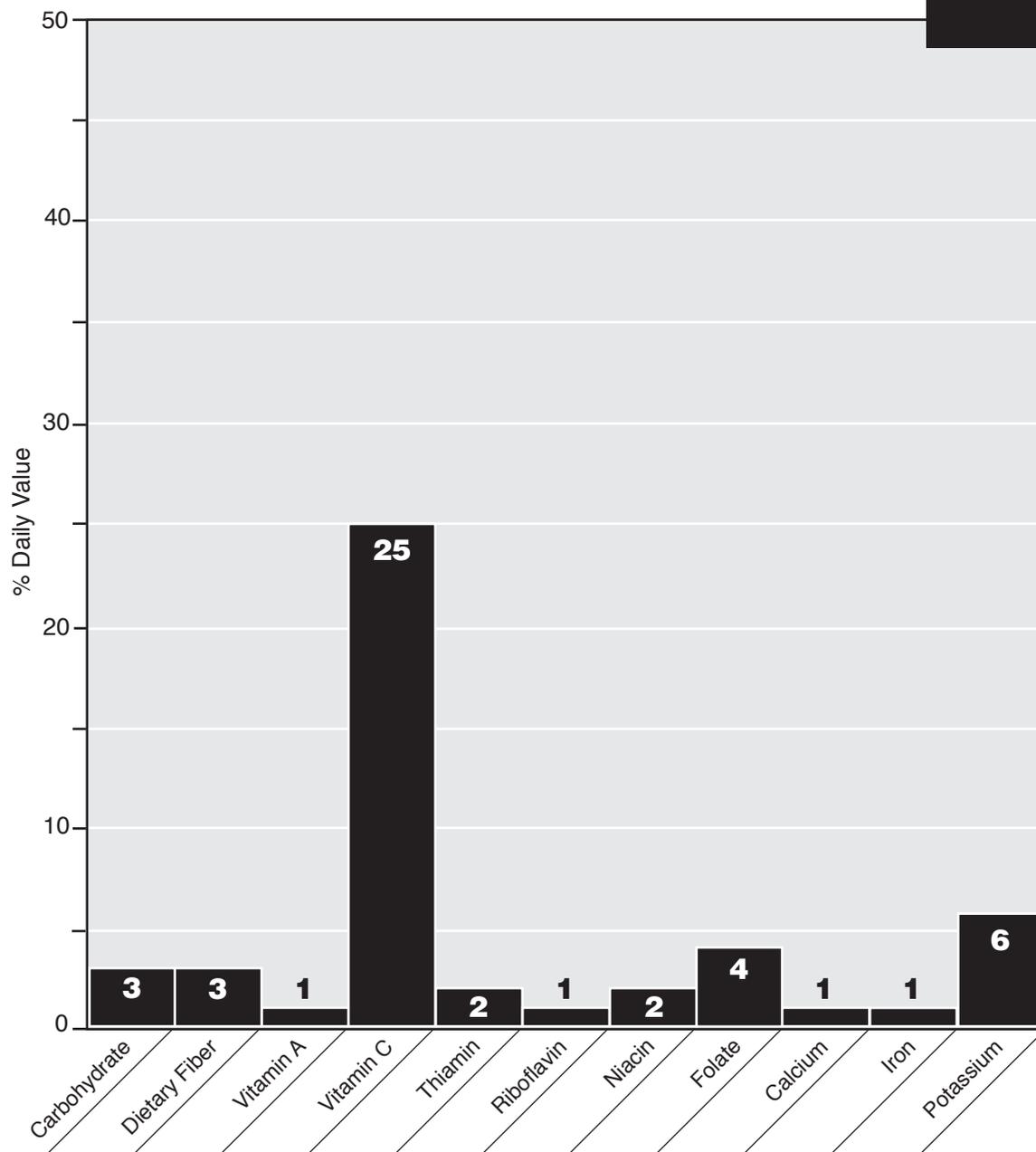


Honeydew Melon

Cucurbitaceae *Cucumis melo*

(analysis based on *peeled* raw honeydew melon)



Serving Size

- 1/2 Cup Cubed
- 84 Grams
- 30 Calories
 - 4% from fat
 - 5% from protein
 - 92% from carbohydrate
- 0.5 Gram Protein
- 8 Grams Carbohydrate
 - 1 gram dietary fiber
- 0.1 Gram Fat
- 75 Grams Water
- 15 Milligrams Sodium

