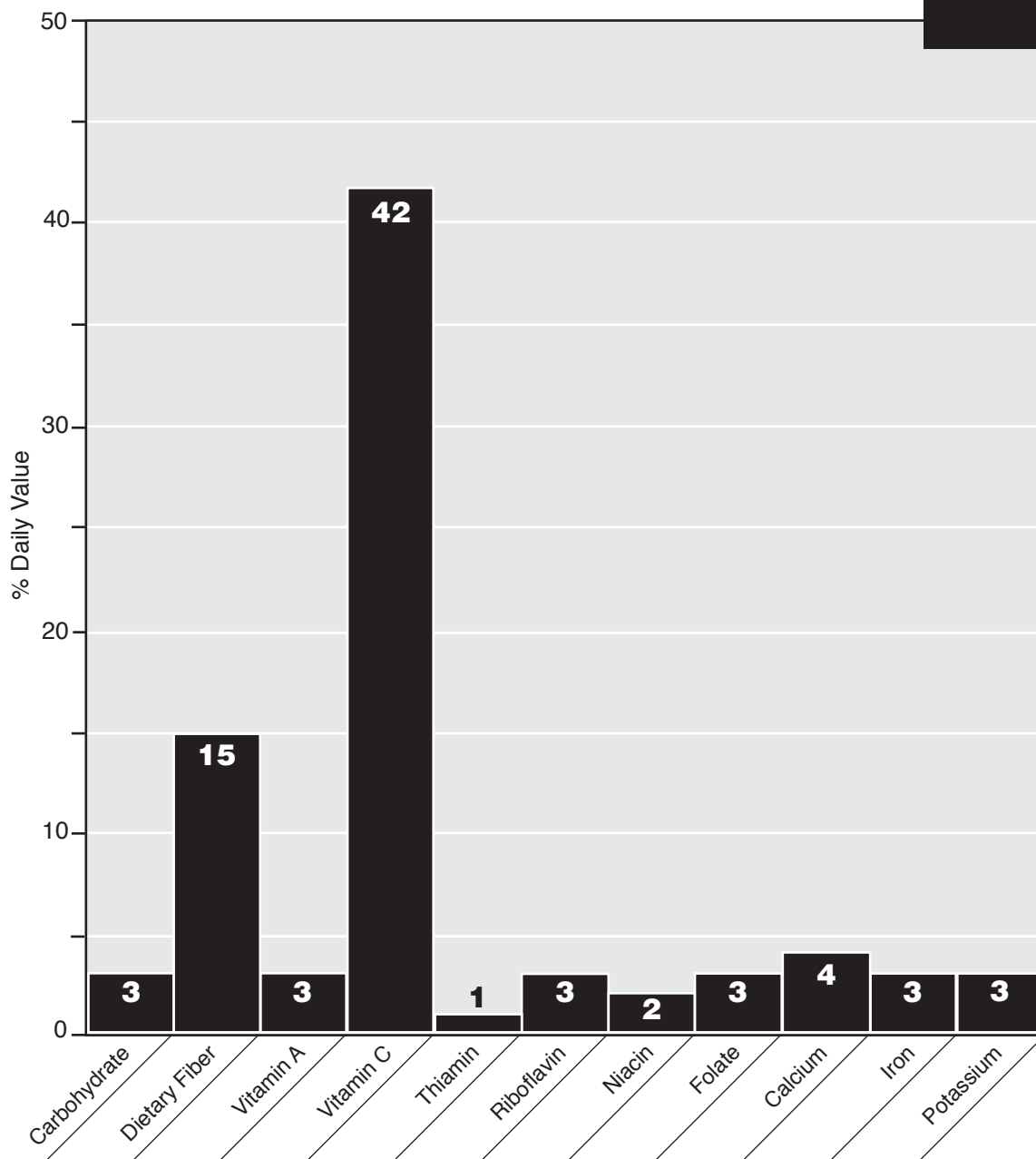
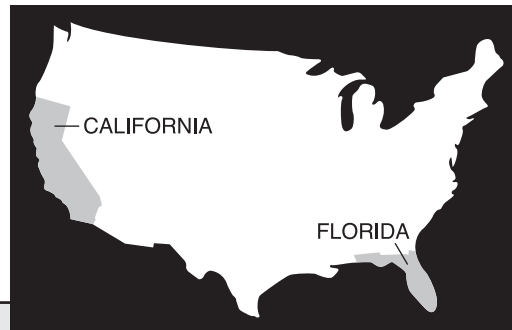


Kumquat

Rutaceae *Fortunella*

(analysis based on *unpeeled* raw kumquat)



Serving Size

- 3 Kumquats
- 57 Grams
- 40 Calories
 - 11% from fat
 - 9% from protein
 - 81% from carbohydrate
- 1 Gram Protein
- 9 Grams Carbohydrate
 - 4 grams dietary fiber
- 0.5 Gram Fat
- 46 Grams Water
- 6 Milligrams Sodium

