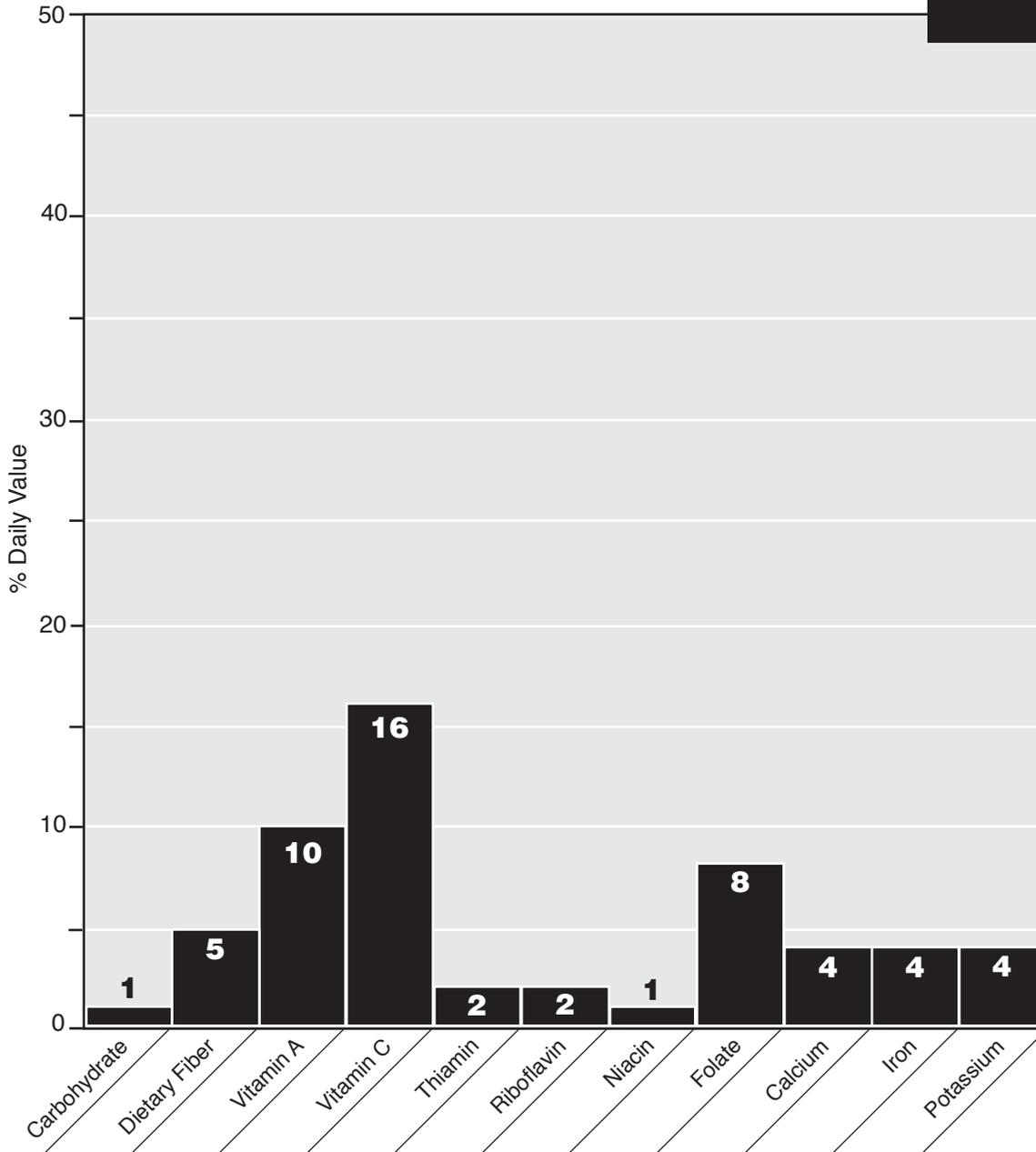


Green Onion

Liliaceae *Allium cepa*

(analysis based on raw green onion bulb and top)



Serving Size

- 2 Green Onions (large)
- 50 Grams
- 16 Calories
 - 5% from fat
 - 14% from protein
 - 82% from carbohydrate
- 1 Gram Protein
- 4 Grams Carbohydrate
 - 1 gram dietary fiber
- 0.1 Gram Fat
- 45 Grams Water
- 8 Milligrams Sodium

