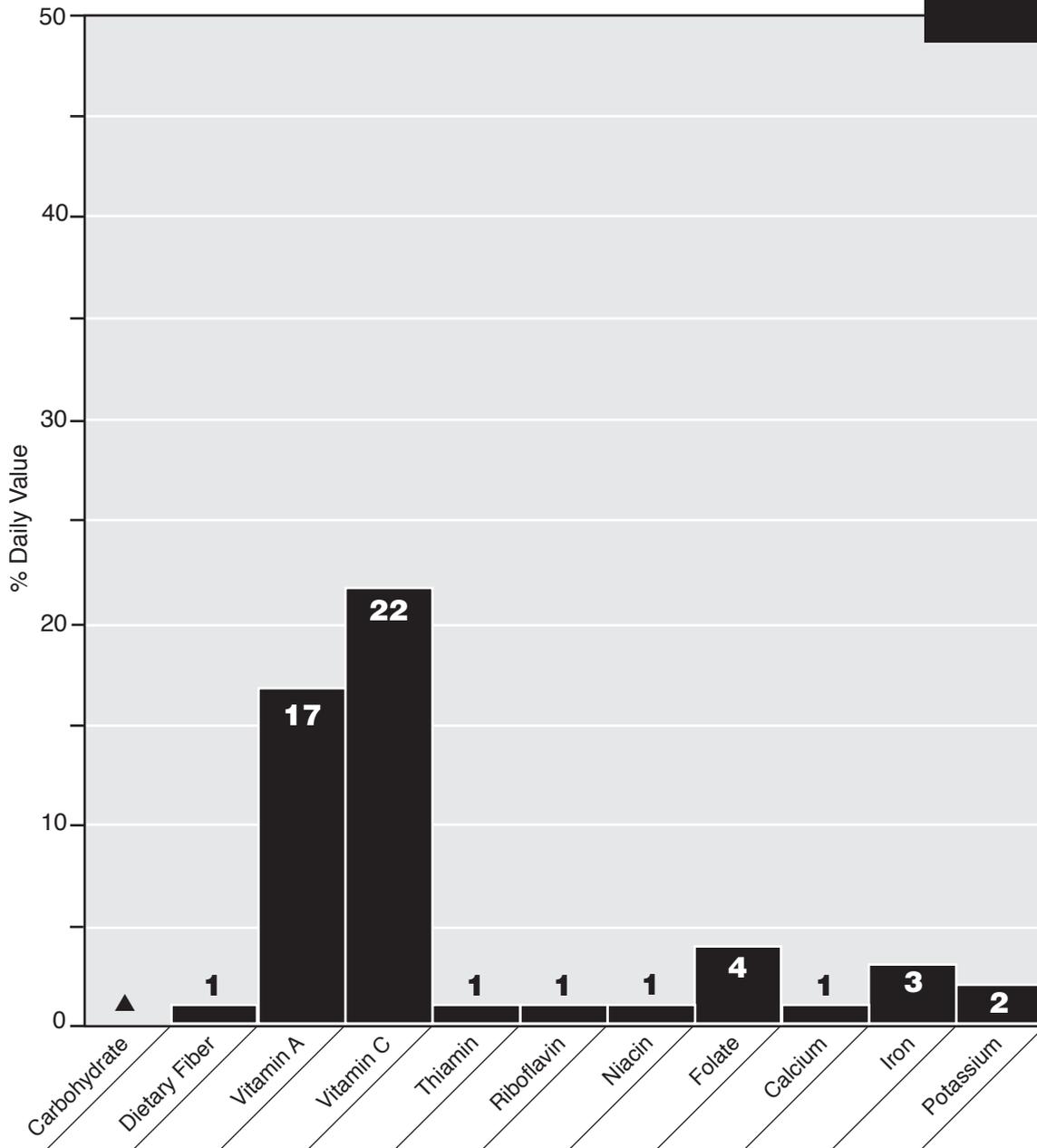


# Parsley

Apiaceae *Petroselinum crispum*  
 (analysis based on raw curled parsley)  
 Pictured: curled parsley



## Serving Size

- 10 Sprigs
- 10 Grams
- 4 Calories
  - 19% from fat
  - 20% from protein
  - 62% from carbohydrate
- 0.3 Gram Protein
- 0.7 Gram Carbohydrate
  - 0.3 gram dietary fiber
- 0.1 Gram Fat
- 9 Grams Water
- 6 Milligrams Sodium

▲ Trace

