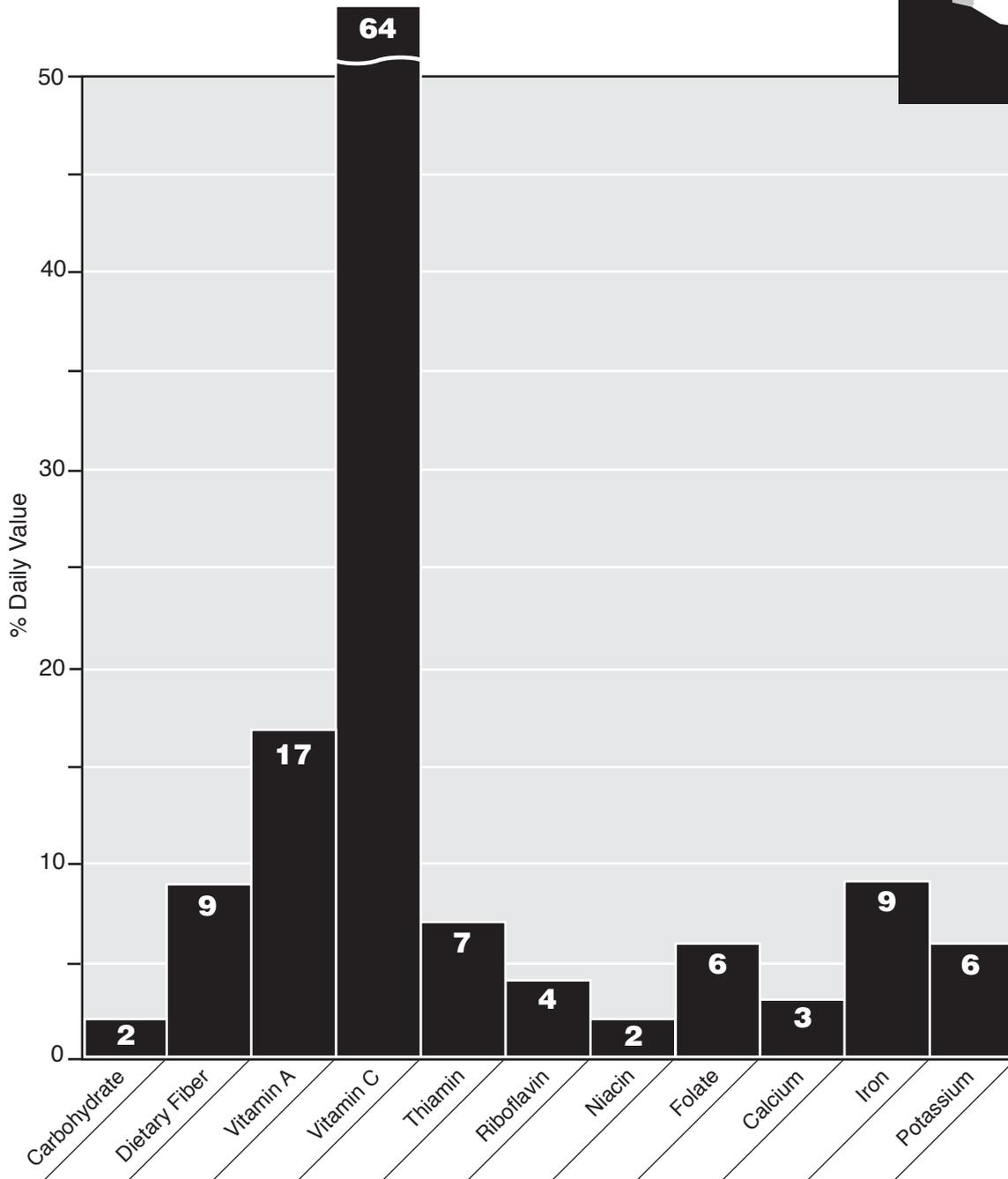


Sugar Snap Pea

Fabaceae *Pisum sativum*

(analysis based on boiled, drained sugar snap pea)



Serving Size

- 1/2 Cup
- 80 Grams
- 34 Calories
 - 5% from fat
 - 28% from protein
 - 67% from carbohydrate
- 3 Grams Protein
- 6 Grams Carbohydrate
 - 2 grams dietary fiber
- 0.2 Gram Fat
- 71 Grams Water
- 3 Milligrams Sodium

