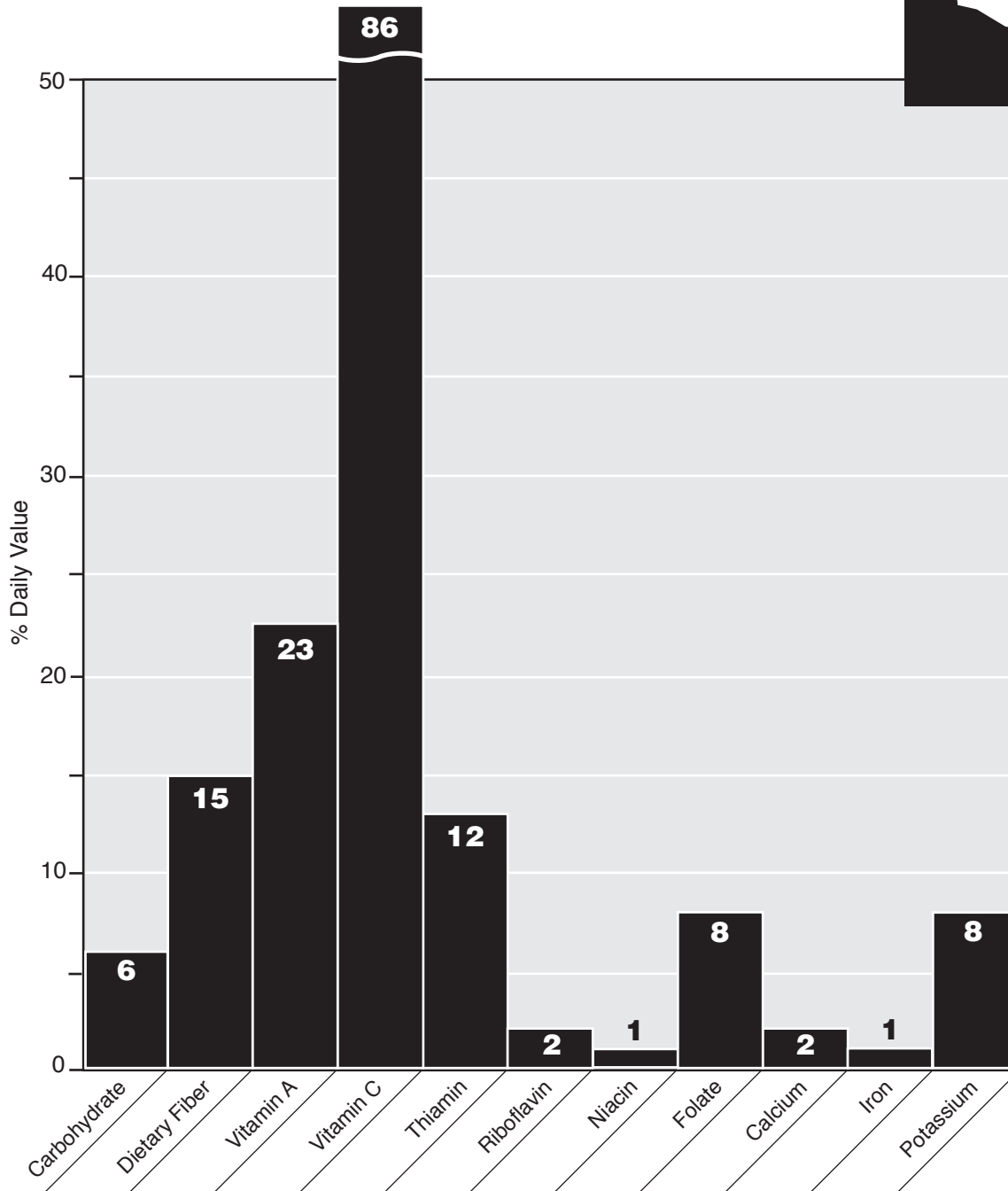
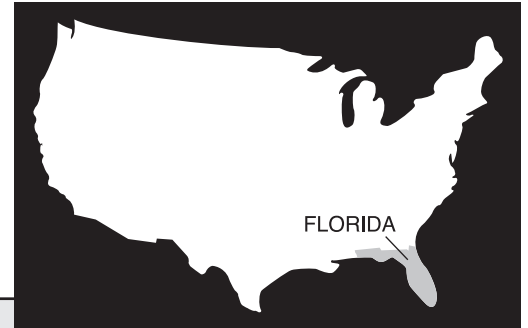


Tangerine

Rutaceae *Citrus reticulata*

(analysis based on *peeled* raw tangerine)



Serving Size

- 2 Medium Tangerines
- 167 Grams
- 73 Calories
 - 4% from fat
 - 5% from protein
 - 92% from carbohydrate
- 1 Gram Protein
- 19 Grams Carbohydrate
 - 4 grams dietary fiber
- 0.3 Gram Fat
- 146 Grams Water
- 2 Milligrams Sodium

