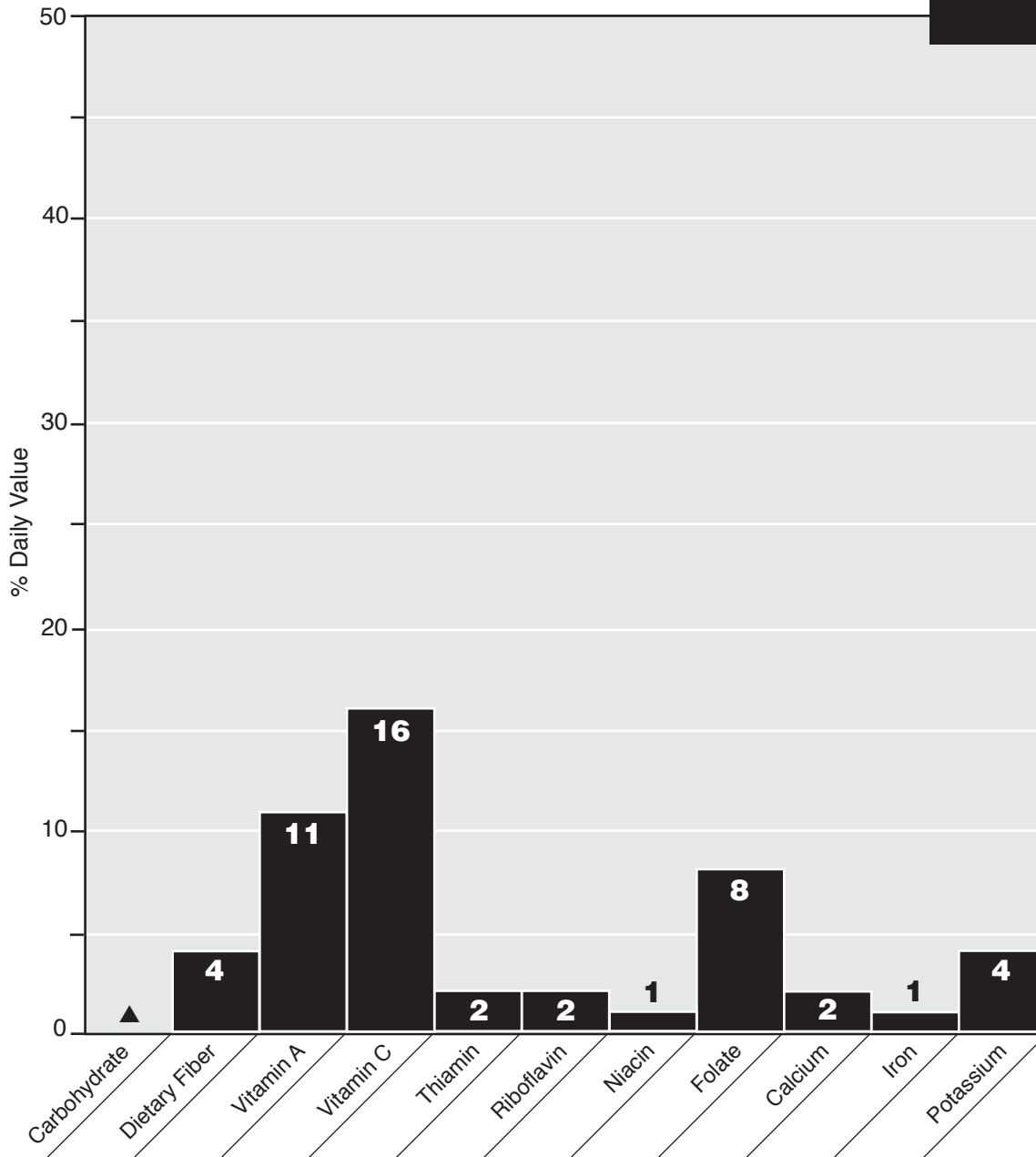


Chinese Cabbage

Brassicaceae *Brassica rapa* L. var. *pekinensis* L.
(analysis based on boiled, drained Chinese cabbage)



Serving Size

- 1/2 Cup Chopped
- 59 Grams
- 8 Calories
 - 10% from fat
 - 27% from protein
 - 63% from carbohydrate
- 1 Gram Protein
- 1 Gram Carbohydrate
 - 1 gram dietary fiber
- 0.1 Gram Fat
- 56 Grams Water
- 5 Milligrams Sodium

▲ Trace

