

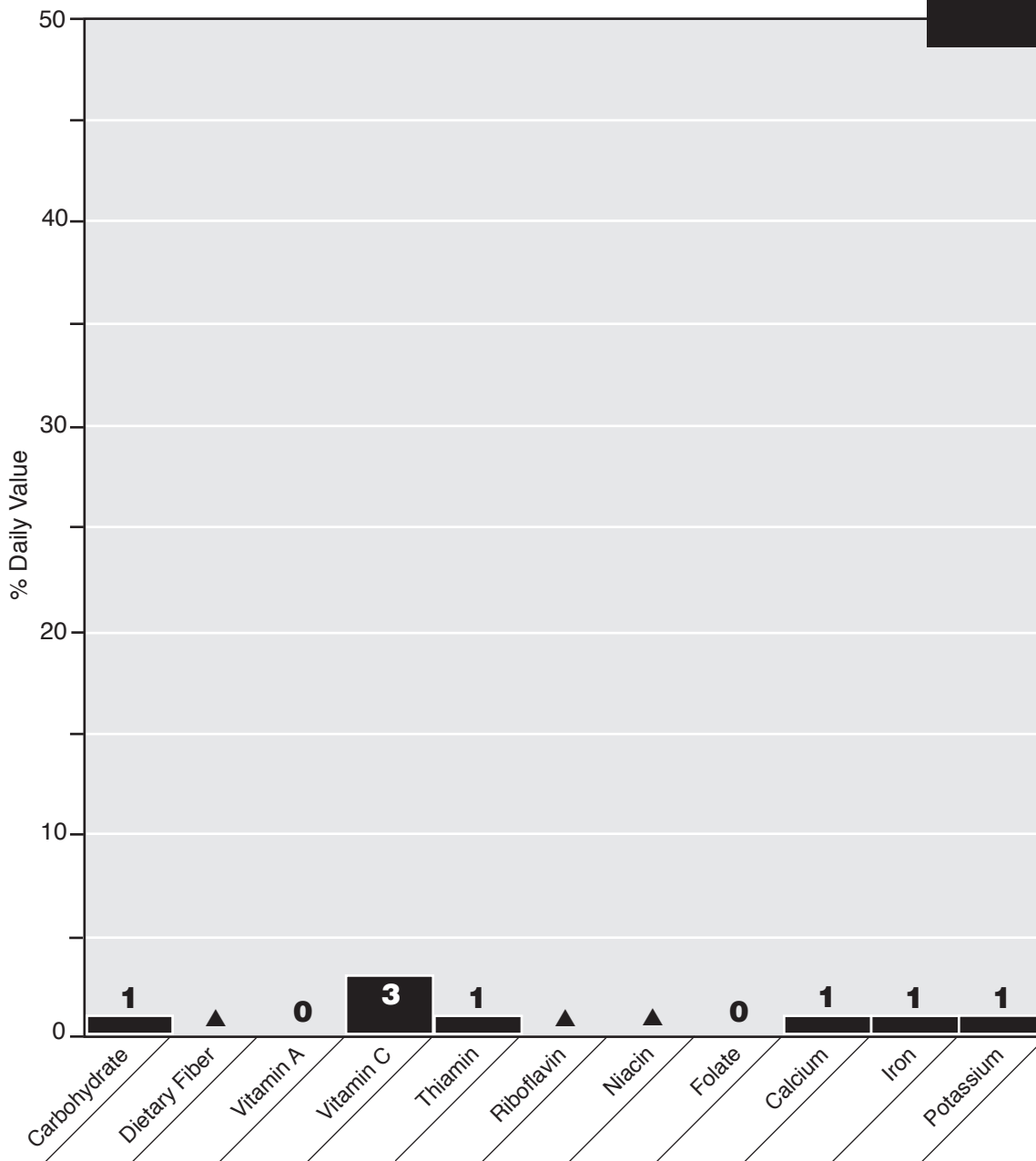
Garlic

Liliaceae *Allium sativum*

(analysis based on *peeled* raw garlic)



CALIFORNIA



Serving Size

- 2 Cloves Garlic
- 6 Grams
- 9 Calories
 - 3% from fat
 - 12% from protein
 - 850% from carbohydrate
- 0.4 Gram Protein
- 2 Grams Carbohydrate
 - 0.1 gram dietary fiber
- ▲ Gram Fat
- 4 Grams Water
- 1 Milligram Sodium

▲ Trace

